

Brawley Union High School

ATHLETIC HANDBOOK

Signature Page



I have received a copy of the **Brawley Union High School Athletic Handbook**

I understand it is my responsibility to read/understand these rules, take them home and discuss them with my parent(s)/guardian(s).

Student's Name (print)

Parent's Name (print)

Student's Signature

Parent's Signature

Date

Date

Return signed page and the following attachments to the Athletic Director's Office in the New Gym:

- BUHS Athletic Handbook is for your information – Please turn in ALL forms (listed below) which require signatures.

Attachments:

1. Signature Page
2. Ethics in Sports Page
3. Drug Testing Consent Form
4. Pre-Participation Handout Form
5. Consent for Emergency Medical Treatment Form
6. **Copy** of your medical/Insurance Card (**MUST**)



CIF-San Diego Section
 3636 Camino Del Rio, North #200
 San Diego, CA 92108
 Phone 858-292-8165
 Fax 858-292-1375
 www.cifsd.org

ETHICS IN SPORTS (ATHLETE-PARENT/GUARDIAN/CAREGIVER) – 2019-2020
 (Revised 3/09)

I. POLICY STATEMENT

- It is the mission of the California Interscholastic Federation, San Diego Section (CIFSDS) to promote high standards of sportsmanlike and ethical behavior in and around athletic contests played under its sanction and, in life, in general. Citizenship, Integrity, and Fairness are embodied in that mission. CIF and CIFSDS contests must be safe, courteous, fair, controlled, and orderly for the benefit of all athletes, coaches, officials, and spectators, and behavior by all involved at all times should manifest the highest standards of conduct.
- It is the intent of the section membership that poor sportsmanship, unethical behavior, and violence, in any form, will not be tolerated in athletic contests or practices. In order to enforce this policy, the membership, through its Board of Managers, has established rules and regulations.
- Coaches assume the responsibility to teach and demand high standards of conduct of their athletes both on the field of play and in everyday life, in season and out of season.
- It is the school principal's responsibility to enforce all CIFSDS rules and regulations and to demand high standards of conduct from coaches, athletes, parents/guardians, and spectators. The principal shall demand strict adherence to all the CIF State and CIFSDS rules, regulations, and procedures.
- **Participation in interscholastic athletics and section playoffs is a privilege.**
- The CIFSDS Board of Managers requires that the following Code of Ethics be issued to and signed by each student-athlete, parent, coach, and officials' association. Penalties for failure to submit a signed Code of Ethics are:

1. Athlete	Ineligibility for participation in CIF-San Diego Section athletics
2. Coach	Restricted from coaching in CIF-San Diego Section contests
3. Officials Association	Not approved to officiate in the CIF-San Diego Section
4. Parent	Prohibition/Removal from attendance at CIF or CIFSDS event
- **Failure to abide by the standards of behavior as agreed will result in a penalty up to and including disqualification to participate.**

II. CODE OF ETHICS FOR STUDENT-ATHLETE, PARENT/GUARDIAN/CAREGIVER, COACH, CONTEST OFFICIAL

- A. Comply with the six pillars and 16 Principles of the Pursuing Victory with Honor program (on reverse side).
- B. Be courteous at all times with school officials, opponents, game officials, and spectators.
- C. Exercise self-control.
- D. Know all rules of the contest, of CIF State, and the CIFSDS and agree to follow the rules.
- E. Show respect for self, players, officials, coaches, and spectators.
- F. Refrain from the use of foul and/or abusive language at all times.
- G. Respect the integrity and judgment of game officials.
- H. An athletic director, sports coach, school official or employee or booster club/sport group member may not provide any muscle-building nutritional supplements to student-athletes at any time. A school may only accept an advertisement, sponsor, or donation from a supplement manufacturer that offers only non-muscle building nutritional supplements. A school may not accept an advertisement sponsorship or donation from a distributor of a dietary supplement whose name appears on the label. Permissible non-muscle building nutritional supplements are identified according to the following classes: Carbohydrate/electrolyte drinks; energy bars, carbohydrate boosters, and vitamins and minerals. (Revised - Federated Council May 2007.)
- I. **Win with character; lose with dignity.**

Accept consequences of conduct deemed inappropriate or in violation of rules.

I have read, understand, and accept the Policy Statement, Code of Ethics, The Pillars and Principles of Pursuing Victory with Honor, and the Violations, Minimum Penalties, and Appeal Process (on attached page) of the CIF-San Diego Section **ETHICS IN SPORTS** Policy. I agree to abide by this policy while participating and/or being a spectator at CIFSDS athletic events regardless of contest site or jurisdiction.

 Signature – Athlete

 Printed Name

 Date

 Signature – Parent/Guardian/Caregiver

 Printed Name

 Date

PURSUING VICTORY WITH HONOR

SIX PILLARS OF CHARACTER

TRUSTWORTHINESS

RESPECT

RESPONSIBILITY

FAIRNESS

CARING

GOOD CITIZENSHIP

SIXTEEN PRINCIPLES OF PURSUING VICTORY WITH HONOR

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
2. It's the duty of School Boards, superintendents, school administrators, parents, and school sports leadership - including coaches, athletic administrators, program directors, and game officials - to promote sportsmanship and foster good character by teaching, enforcing, advocating, and modeling these "six pillars of character."
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical, and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules, and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School Boards, superintendents, school administrators, parents, and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents, and spectators.
6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics, and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School Boards, superintendents, school administrators, parents, and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School Boards, superintendents, principals, school administrators, and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of student-athletes is always placed above desires and pressure to win.
10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.
11. Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting, and inappropriate celebrations.
12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as first aid and CPR. 3) Coaching principles and the rules and strategies of the sport.
13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
14. To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs, and performance-enhancing substances, as well as demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue interference or influence of commercial interests. In addition, sports programs must be prudent, avoiding undue financial dependency on particular companies or sponsors.
16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimension of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

VIOLETIONS, MINIMUM PENALTIES, AND APPEAL PROCESS

(Applicable to players and coaches from time of departure for contest until time of return.)

ACT

1. Behavior resulting in ejection of athlete or coach from contest
2. Illegal participation in next contest by athlete ejected from previous contest.
3. Second ejection of athlete or coach from any contest during one season.
4. When an athlete leaves the bench area or fielding position to begin a confrontation or leaves the bench area or fielding position to join an altercation.
5. When more than two athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation.
6. Other acts committed by individuals or teams or acts committed at end of season.
7. Use of an ineligible player in a contest.

MINIMUM PENALTIES*

EJECTION POLICY:

Any coach, team attendant, or spectator ejected by a contest official from any contest for any reason, at any level, is suspended indefinitely from participation, practice, or attending (site and sound) any sports contest, until the first of the following occurs: the ejected person serves the tentative penalty recommended by the commissioner; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes.

Any player ejected by a contest official from any contest for any reason is suspended from participation in the next contest(s) until the tentative penalty recommended by the commissioner is served; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes. **Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension. (Approved June 3, 2008, Board of Managers).** Meetings will be scheduled at a time to be announced. There is no appeal of the Commissioner's decision. Telephonic and electronic meetings are not permitted.

Additionally, any person ejected (coach, player, spectator) is required to attend a CIFSDS Ethics In Sports Sportsmanship Meeting, which will be held at a time to be announced. Failure to attend the sportsmanship meeting will result in immediate suspension of athletic eligibility or attendance (site and sound) at contests or practices until such time as the ejected person attends a Sportsmanship Meeting. (Approved June 7, 2005, Board of Managers).

Ineligibility for remainder of season for athlete. A written appeal may be made by the individual or school to the commissioner.

A coach, who permits participation by a player ejected from a previous contest, knowingly violates a CIF or San Diego Section rule, and penalty may include a sanction to the school, coach, or suspension of membership.

Ineligibility of athlete for remainder of season or suspension of coach for remainder of season. A written appeal may be made by the school principal within two school days to the commissioner for reduction of penalty. Official to make report by the next school day to the commissioner.

Ejection from the contest for those designated by the official, ineligibility for the next contest, probation for remainder of season. Those players involved are later identified, ineligible for next contest and probation for remainder of season. A written appeal may be made by the individual(s) or school to the commissioner. Official to make report by the next school day to the commissioner.

A similar infraction of this act by the same athlete(s) during the same season will result in termination of the season for the athlete(s) concerned. A written appeal may be made by the school principal to the Commissioner.

Contest will be stopped by officials and coaches. Ejection from the contest for those athlete(s) designated by the officials. The team(s) that left the bench area must forfeit the contest, record a loss, and the team(s) and player(s) placed on probation for the remainder of the season. A written appeal may be made by the school(s) principal to the commissioner. A second infraction will result in cessation of the season for the team(s) and/or athlete(s). A written appeal may be made by the school(s) principal to the commissioner. Official to make report by the next school day to the commissioner.

If the act occurs in the CIF-San Diego Finals, and both teams are charged with a forfeit, there will be no champion. A written appeal may be made by school(s) principal to the commissioner. Official to make report by the next school day to commissioner.

Commissioner, as authorized by Green Book, to determine and implement penalties up to and including career suspension for individuals and following year penalties for teams.

If a team uses an ineligible player in a contest(s), the contest(s) shall be forfeited. The number of forfeited contest(s) exceeds the maximum permitted in accordance with the CIFSDS Forfeit Policy (see Green Book) the team shall be excluded from CIFSDS playoffs.

If an ineligible individual is permitted to participate in an individual sport, that individual is excluded from playoffs, and the school is subject to penalties for a willful violation of a rule.

*Commissioner, as authorized by Green Book, may determine and implement additional penalties up to and including career suspension for individuals and following year penalties for teams.

Brawley Union HSD

Exhibit Drug Testing Program

E 5131.61

Students

Exhibit 1

Dear Parent/Guardian:

On May 26, 2004, the Brawley Union High School District Board of Trustees adopted a Mandatory Drug Testing Policy for high school students involved in extra-curricular activities or participating on an interscholastic team.

The intent of the drug testing program is to create a safe, drug-free environment for students and to assist them in getting help when needed. Our commitment to maintain extra-curricular activities in the Brawley Union High School District as a safe and secure educational environment requires a clear policy and supportive program relating to detection, treatment and prevention of substance abuse by students involved in representing their student body.

All students involved must submit an "Extra-Curricular Consent Form". Names are drawn randomly each week for testing. Students never know when their name will be drawn or how often.

Cal-Test personnel administer the urine test under a confidential procedure. If a test is determined to be positive, it is sent to an outside laboratory for verification. Parents are notified of positive test results when the outside laboratory confirms the results. A school site administrator meets with the student and parent to explain restrictions and offer support services. No punitive action in regard to suspension or the expulsion process will be taken by the school district due to a positive test.

It is our desire to work with students and their families for Safe and Drug-Free Schools in the Brawley Union High School District.

If you have any questions, please call the principal at 312-6079.

Sincerely,

Simon R. Canalez
Superintendent

Exhibit
version:

BRAWLEY UNION HIGH SCHOOL DISTRICT
August 9, 2017 Brawley, California

Drug Testing Program

EXTRA-CURRICULAR CONSENT FORM

I HAVE RECEIVED AND HAVE READ AND UNDERSTAND A COPY OF THE BRAWLEY UNION HIGH SCHOOL DISTRICT'S EXTRA-CURRICULAR ACTIVITIES DRUG TESTING PROGRAM. I, _____, DESIRE TO PARTICIPATE IN THIS PROGRAM, AND IN THE EXTRA-CURRICULAR PROGRAMS OF THE BRAWLEY UNION HIGH SCHOOL DISTRICT, AND HEREBY, VOLUNTARILY AGREE TO BE SUBJECT TO ITS TERMS FOR THE CURRENT SCHOOL YEAR. I ACCEPT THE METHOD OF OBTAINING URINE SPECIMENS, TESTING, AND ANALYSIS OF SUCH SPECIMEN, AND ALL OTHER ASPECTS OF THE PROGRAM. I AGREE TO COOPERATE IN FURNISHING ANY SPECIMENS THAT ARE REQUIRED.

I FURTHER AGREE AND CONSENT TO THE DISCLOSURE OF THE SAMPLING, TESTING AND RESULTS PROVIDED FOR THIS PROGRAM. THIS CONSENT IS GIVEN PURSUANT TO ALL STATE AND FEDERAL PRIVACY STATUTES, AND IS A WAIVER OF RIGHTS TO NONDISCLOSURE FOR SUCH TEST RECORDS AND RESULTS ONLY TO THE EXTENT OF THE DISCLOSURES OF THE PROGRAM.

Date	School
Student Signature	Parent/Guardian Signature
Student ID #	Activities

Distribution: White & Yellow - Site

Pink - Parent

BRAWLEY UNION HIGH SCHOOL

Sports Pre-Participation Handout

You must turn in a copy of your insurance card or purchase insurance from the school

Last Name: _____ First _____ Sex _____ Grade _____

Address: _____ Age _____ DOB _____

Parent's E-Mail Address: _____

PLEASE SIGN AND FILL IN EVERY BLANK LINE

ATHLETIC INSURANCE REQUIREMENTS – You are REQUIRED to show PROOF OF MEDICAL INSURANCE COVERAGE before your student can participate in athletics at B.U.H.S. The school **DOES NOT COVER STUDENTS PARTICIPATING IN ATHLETICS**. You must present a current copy of your INSURANCE CARD with group number and policy number visible, or send your student with the card. We will make a copy for you. **MEDI-CAL CARDS ARE CONSIDERED ADEQUATE INSURANCE COVERAGE FOR ALL SPORTS.**

PURCHASING INSURANCE – If you do not have insurance, you may purchase insurance from MYERS-STEVEN & CO. This can be supplemental insurance if you already have insurance. **IF YOUR STUDENT IS A FOOTBALL PLAYER WITHOUT INSURANCE, YOU MUST PURCHASE TACKLE FOOTBALL INSURANCE to properly cover your student. "SCHOOL TIME" or "24 HOUR ACCIDENT" plans from MYERS-STEVEN & CO. DO NOT COVER FOOTBALL, ONLY "TACKLE FOOTBALL" INSURANCE COVERS FOOTBALL.**

For ALL OTHER sports, "SCHOOL TIME ACCIDENT PLANS" or "24 HOUR ACCIDENT PLANS" from MYERS-STEVEN & CO. will cover your student.

I, _____ do hereby declare that _____ is insured in accordance with Education Code, Section 31751 and 31752 through: _____. I hereby give consent to the above named student to compete in sports. I authorize the student to go with and be supervised by a representative of the school on any trip.

PARENT AUTHORIZATION: In signing this form, I/we am/are aware that this activity is an extracurricular activity held under school supervision. It is not a required activity. I/we understand that the Board of Education, the school district or its employees will not be held liable if injuries to my student result from participating in this activity or from transportation related thereto.

I declare that I will maintain this insurance or notify the athletic director in writing of cancellations. My signature upon this affidavit signified that I, the parent/guardian of the student/athlete will assume the cost of ambulance service in case of an emergency. I understand the school does not pay for ambulance services.

WARNING AGREEMENT TO OBEY INSTRUCTIONS, RELEASE, ASSUMPTION OF RISK, AND HOLD HARMLESS

FALL:	<input type="checkbox"/> Cross County	<input type="checkbox"/> Football	<input type="checkbox"/> G. Tennis	<input type="checkbox"/> G. Golf	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Cheer
WINTER:	<input type="checkbox"/> B. Basketball	<input type="checkbox"/> G. Basketball	<input type="checkbox"/> B. Soccer	<input type="checkbox"/> G. Soccer	<input type="checkbox"/> Wrestling	<input type="checkbox"/> Mat Maids
SPRING:	<input type="checkbox"/> Baseball	<input type="checkbox"/> Golf	<input type="checkbox"/> Track	<input type="checkbox"/> Swim	<input type="checkbox"/> Softball	<input type="checkbox"/> B. Tennis

Health Statement

Student's Name: _____ I hereby certify that the named students is physically fit to engage in sports.

Date: _____ Physician's Signature: _____ Blood Pressure: _____ Heart Rate: _____

Parental Medical Treatment Authorization

In the event of injury or illness to my/our student, _____ I/we hereby grant authorization to a qualified physician to render such medical treatment as said physician deems necessary under the circumstances: Permission granted by: **Parent Signature:** _____ Date: _____

Any history of ASTHMA, if so, indicate prescribed medication _____ Bee Sting Allergy, if so, indicate medication _____ Drug allergies, if so, what drugs _____

List previous injuries _____ List medication currently taking _____

Parent/Guardian Signature: _____ Date: _____ Home # _____

Work # _____ Cell # _____ Alternate # _____

BRAWLEY UNION HIGH SCHOOL

BUHS CONSENT FOR EMERGENCY MEDICAL TREATMENT

As the parent/legal guardian, I hereby give consent to Brawley Union High School and/or its representatives to obtain all emergency medical or dental care prescribed by a duly licensed physician (M.D.) osteopath (D.O.) or dentist (D.D.S) for:

Student: _____

This care may be given under whatever conditions are necessary to preserve the life, limb or well-being of the student/athlete named above.

The student/Athlete has the following medical:

Conditions	Allergies	History (including heat exhaustion)
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_____	_____	_____
_____	_____	_____

List any previous injuries: _____

Medications currently taking: _____

Home Address: _____

Home phone #: _____ Work #: _____ Cell #: _____

Parent/Guardian Signature

Print Name

EMERGENCY INFORMATION

Student/Athlete's Name: _____ DOB: _____

Address: _____

Mother's Name: _____ Home # _____

Address: _____ Work #: _____

Father's Name: _____ Home # _____

Address: _____ Work #: _____

Others authorized to take the student from school, or who may be called in an emergency:

Name	Address	Phone#	Relationship
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